

(For understanding *Janapadodhvansa* only)

Can we call CORONA PANDEMIC Janapadodhvansa?

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Meaning of Janapadodhvansa

Janapada

=

A large area of people where they are interdependent for each others need.

Udhvansa

Destruction

JANAPADA

- Now a days whole world is interconnected and interdependent in many ways so whole world can be represented as *Janapada*.



KEY FACTORS AFFECTING JANPADODHAVNSA

- VAYU (Air)
- UDAKA (Water)
- DESHA (Land)
- KALA (Time)

VAYU

- It is weakest factor affecting on janapadodhvansa and also first step to the Janapadodhvansa.
- We all very well know the effects of Air pollution and vitiated Air.



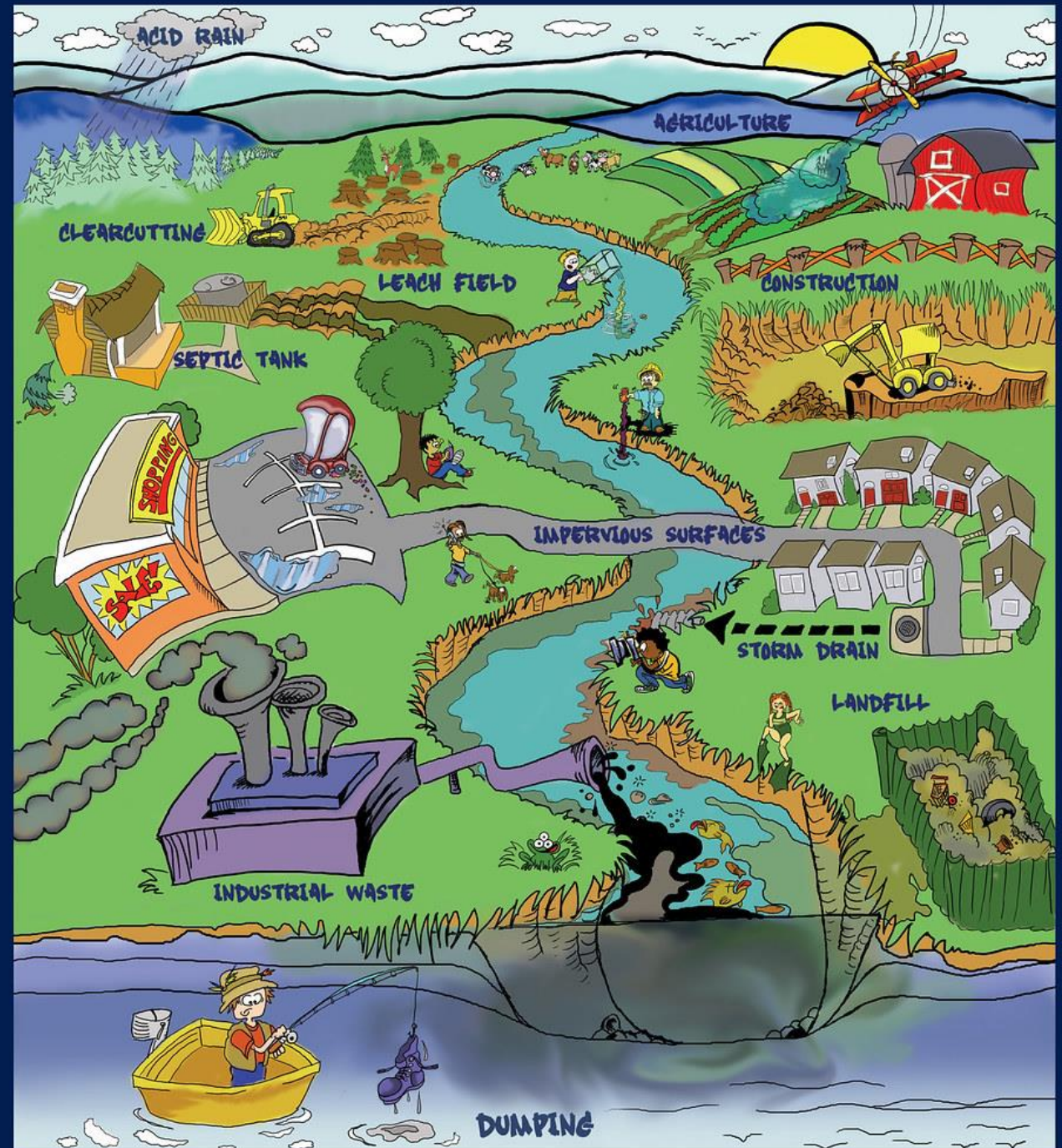
UDAKA

- Udaka or Jala (Water) is second responsible factor affecting Janpadodhvansa.
- It is greater factor than Air and second step to the Janapadodhvansa.



DESHA

- After Vayu and Udaka ,
Desha (Land) is the
greater factor
responsible for
Janapadodhvansa.
- It is third step to the
Janapadodhvansa.



Kala

- Kala (Time) is the greatest factor responsible to *Janapadodhvansa*.
- It includes weather timing irregularity.
- It is final step to the *Janapadodhvansa* and also the last chance to avoid *Janapadodhvansa*.



Importance of these four factors

- Observation and prevention of these factors vitiation can avoid *Janapadodhvansa*.



Root Cause of *Janapadodhvansa*

- ADHARMA:- It means immoral, sinful, wrong, wicked, unjust, unbalanced, unnatural or wrong Doing.
- Not being religious is not Adharma.



Adharma effects

- These actions of Adharma don't care about well being of other people , community or environment.
- Adharma is responsible for blindly misuse of resources.
- It affects Air, Water, Land and ultimately causes vitiation of time in form of improper weather or Global warming etc.

Pragyaparaadha

- Actions without caring of its harmful effects is called Pragyaparadha.
- It is also root cause of *Janapadodhvansa*.
- It is also another form of *Adharma*.

Causes of CORONA PANDEMIC

- Details about transmission of the disease are still being determined. Studies as of 27 March suggest it is mainly spread during close contact and via respiratory droplets produced during coughing and sneezing.
- Close contact is within 1 to 2 metres (3 to 6 feet). Respiratory droplets may also be produced during breathing, specifically breathing out (exhaling), including talking, but the virus is not thought to be airborne or to spread over large distances.
- It may also spread when one touches a contaminated surface and then their eyes, nose, or mouth. While there are concerns it may spread via faeces, this risk is believed to be low.
-Wikipedia.

Janapadodhvansa and Corona Pandemic

- The result of both is same as expected in absence of prevention or cure.
- The virus is spreading through water and Air (droplets) which are 2 key factors of *Janapadodhvansa*.
- So by preventing *Janapadodhvansa* causes we can try to prevent Corona Pandemic.

Conclusion:-

- *Acharya Charaka* concluded this Adharma as root cause of Janapadodhvansa and indicated it as cure of *janapadodhvansa*.
- Following Dharma can avoid *Janapadodhvansa*.
- It's a famous quote that Prevention is better than cure and in Ayurveda also *Nidana Parivarjana* means prevention of causes.
- So we know the causes of *Janapadodhvansa* ,so we can avoid it by avoiding its causes.
- In some aspects CORONA PANDEMIC can be called a Character of *Janapadodhvansa*.



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